

OCTOBER

MON	TUE	WED	THU	FRI
		1 Baked chicken/tender Carrot souffle Green beans Fresh fruit Soft roll	2 Salisbury Steak Twice baked potatoes Corn Fresh Fruit LSoft roll	3 Crawfish Etouffee/rice Green salad Fresh fruit Dessert Soft roll
6 Spaghetti & Meat sauce Green beans Fresh fruit Soft roll	7 Chicken & Sausage Gumbo Potato salad Fresh Fruit Yogurt	8 Scrambled eggs Bacon Cheese grits Muffins	9 Hamburger French fries Lettuce,tomato, pickle Fresh Fruit	10 Cheese Pizza Raw vegetables Ranch dip Fresh fruit Dessert
13 Red beans/rice/sausage Fried okra Corn bread Fresh fruit	14 Tacos Lettuce, tomato, cheese Plnto beans Rice	15	16	17
20 Fried Fish Mac & cheese Yogurt Soft Roll Fresh fruit	21 Chicken fried steak Mashed w/ gravy Fruit Peas Soft roll	22 Salisbury steak Rice and gravy Lima beans fresh fruit Soft roll	23 Baked chicken/tender Carrot souffle Green beans Fresh fruit Soft roll	24 Crawfish Etouffee/rice Green salad Fresh fruit Dessert Soft roll
27 Spaghetti & Meat sauce Green beans Fresh fruit Soft roll	28 Chicken & Sausage Gumbo Potato salad Fresh Fruit Yogurt	29 Scrambled eggs Bacon Cheese grits Muffins	30 Fried Chicken/tender Broccoli rice Fresh fruit Yogurt Soft roll	31 Cheese Pizza Raw vegetables Ranch dip Fresh fruit Dessert

NOVEMBER

MON	TUE	WED	THU	FRI
3 Red beans/rice/sausage Fried okra Corn bread Fresh fruit	4 Tacos Lettuce, tomato, cheese Pinto beans Rice	5 Scrambled eggs Bacon Cheese grits Muffins	6 Hamburger French fries Lettuce,tomato, pickle Fresh Fruit	7 Sloppy Joe & Chips Fresh fruit Pickle spear Dessert
10 Fried Fish Mac & cheese Yogurt Soft Roll Fresh fruit	11 Chicken fried steak Mashed w/ gravy Fruit Peas Soft roll	12 Baked chicken/tender Carrot souffle Green beans Fresh fruit Soft roll	13 Salisbury Steak Rice & gravy Lima beans Fresh fruit Soft roll	14 Crawfish Etoufee/rice Green salad Fresh fruit Dessert Soft roll
17 Spaghetti & Meat sauce Green beans Fresh fruit Soft roll	18 Chicken & Sausage Gumbo Potato salad Fresh Fruit Yogurt	19 Chicken Tetrazzini Baked apples Green salad Garlic bread	20 Thanksgiving Lunch Turkey with gravy Corn Bread Stuffing Sweet potatoes Dessert	21 Hamburger Lettuce, tomato, pickle French fries Fresh fruit
24	25	26	27	28